

Jewish Community Center of Greater Columbus

2009 WINTER SESSION

SWIM LESSONS

Sunday, Monday, Tuesday, & Wednesday

Begins: Sunday, Jan. 11 Ends: Friday, March 6 – 8 Weeks

****Make up policy: The JCC offers a maximum of 1 make up lesson****

PARENT TOT SWIMMING

Through play, exploration, and teacher directed activities, parents and children discover the joys of the water together. Parents learn to hold, prompt, and support children in the water.

Ages: 6 mos. – 2 yrs

Day: Sunday Time: 10:00 am

Fee: \$96.00

JUST FOR TWO YEAR OLDS

Through play, gentle prompting and enthusiastic encouragement children learn to enjoy the water and work towards water adjustment with an instructor.

Ages: 2 – 3 years

Days: Sundays Time: 10:30 am

Fee: \$96.00

SWIM LESSONS (all levels \$96.00)

The JCC offers American Red Cross Learn-to-Swim classes provide instruction to help swimmers of all ages and abilities develop their swimming and water safety skills. It is designed to give students a positive learning experience.

Learn-to-Swim teaches aquatic and safety skills in a logical progression. The objective is to teach people to swim and to be safe in, on and around the water.

Level 1 Introduction to Water Skills: helps students feel comfortable in the water and to enjoy the water safely.

Days: Sundays Times: 11:00 am

Mondays Times: 11:30 am

Wednesdays Times: 11:30 am

Level 2 Fundamental Aquatic Skills: gives students success with fundamental skills Days:

Sundays Times: 11:30 am

Mondays Times: 12:30 pm

Wednesdays Times: 12:30 pm

Level 3 Stroke Development: builds on the skills in Level 2 by providing additional guided practice.

Days: Sundays Time: 1:30 pm

Wednesdays Time: 1:30 pm

Level 4 Stroke Improvement: develops confidence in the stroke learned and to improve other aquatic skills.

Days: Wednesdays Time: 2:00 pm

Private Lessons

Have a favorite Swim Instructor but you can't make it to their regular group time? Schedule them for a private alone or with a group of friends.

private group lessons	\$20	1 Lesson
	\$95	5 Lessons
	\$180	10 Lessons

private 1 on 1 Lessons	\$30	1 Lesson
	\$145	5 Lessons
	\$280	10 Lessons

BABIES & BUBBLES – Parent Child Class

January 15, thru March 19 – 10 Weeks

Day: Thursdays

Time 9:00am – 3months to 12 months

Time: 9:30am – 12 months to 24 months

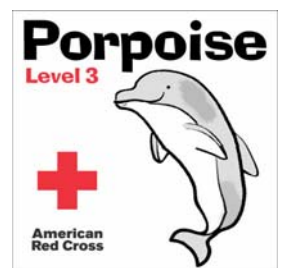
Fee per Session: Member s (Both Parent & Child) \$100.00

Parent Member Only \$120.00 Non-Member \$150.00)

Private Lessons available upon request:

Two 15 minute lessons \$30

Package of 5 (10-15 minute sessions) \$50



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Name: _____ Phone: _____ Age: _____

Membership #: _____ Primary Email: _____ Medical Concerns: _____

_____ Exp. Date: _____ Check Enclosed OR Mastercard Visa

LEVEL _____ DAY/TIME _____ (3 digit on back) Signature: _____

Registration form for Winter Swim Lessons must be turned in by Jan. 7. After Jan. 19 only private lessons may be scheduled.

(Payment must be made prior to the start of lessons.) To register call Jo Miller at 237-5223 Ext. 241

Complete this form and return with payment to Jewish Community Center, 1125 College Ave., Columbus, Ohio 43209 Attention: Jo Miller.

Make checks payable to "The JCC".

*****Make up policy: The JCC offers 1 make up lesson. Makeup week will be the week of March 9th.*****

