

ECS INFANT MENU COLLEGE AVE. ~ APRIL 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1	2	3	
		AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Saltine Cracker	AM: IFIF & Rice Cereal Lunch: Bananas & Mixed Veggies/IFIF PM: IFIF Cheerios	AM: IFIF & Oatmeal Lunch: Squash & Peaches IFIF PM: IFIF Muffin	<i>PORTIONS FOR OUR INFANTS</i>
6	7	8	9	10	<i>Birth to 3mos</i>
AM: IFIF & Rice Cereal Lunch: Sweet Potatoes & Pears IFIF PM: IFIF Animal Cracker	AM: IFIF & Oatmeal Lunch: Carrots & Applesauce IFIF PM: IFIF Wheat Cracker	AM: IFIF & Rice Cereal Lunch: Squash & Plums IFIF PM: IFIF Saltine Cracker		<i>CLOSED FOR PASSOVER</i>	<i>4 to 6oz formula or breastmilk For all meals</i>
13	14	15	16	17	<i>4 to 7 mos</i>
AM: IFIF & Oatmeal Lunch: Squash & Peaches IFIF PM: IFIF Muffin	AM: IFIF & Rice Cereal Lunch: Bananas & Mixed Veggies/IFIF PM: IFIF Cheerios	AM: IFIF & Oatmeal Lunch: Sweet Potatoes & Applesauce/IFIF PM: IFIF Wheat Cracker	AM: IFIF & Rice Cereal Lunch: Carrots & Plums IFIF PM: IFIF Cheerios	AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Saltine Cracker	<i>4 to 8 oz formula or breastmilk 0-3 Tbsp cereal 0-3 Tbsp fruit or vegetables</i>
20	21	22	23	24	<i>8 to 11 mos</i>
AM: IFIF & Rice Cereal Lunch: Squash & Plums IFIF PM: IFIF Saltine Cracker	AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Saltine Cracker	AM: IFIF & Rice Cereal Lunch: Sweet Potatoes & Pears IFIF PM: IFIF Animal Cracker	AM: IFIF & Oatmeal Lunch: Carrots & Applesauce IFIF PM: IFIF Wheat Cracker	AM: IFIF & Rice Cereal Lunch: Bananas & Mixed Veggies/IFIF PM: IFIF Cheerios	<i>6-8 oz formula or breastmilk Children begin eating from our standard menu with supplements of jar fruits & veggies</i>
27	28	29	30		
AM: IFIF & Oatmeal Lunch: Sweet Potatoes & Applesauce/IFIF PM: IFIF Wheat Cracker	AM: IFIF & Rice Cereal Lunch: Carrots & Plums IFIF PM: IFIF Animal Cracker	AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Saltine Cracker	AM: IFIF & Rice Cereal Lunch: Bananas & Mixed Veggies/IFIF PM: IFIF Cheerios		<i>See standard menu posted in classroom for meals served to 8 to 11 mo old children</i>