


July

New Horizons Lunch Menu

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|---|---|---|--|--|---|------------|
|  | | | | 1 Spaghetti/Meat Sauce Tossed Salad Breadstick Peaches | 2 Hamburger/Bun Lettuce, Tomato, Onion Cole Slaw Taco Chips/salsa Watermelon | 3 |
| 4 | 5 CLOSED | 6 Tuna Salad on lettuce Tomatoes & Cukes Wheat Bread Mixed Melon | 7 Hot Dog/Bun Cole Slaw Pasta Salad Plum | 8 Spaghetti/Meat Sauce Tossed Salad Breadstick Peach | 9 Oven Baked Chicken Redskin Potatoes Mixed Veggies Pineapple Tidbits Challah | 10 |
| 11 | 12 Egg Salad on lettuce Tomato, cukes, carrots Roll Bag of Pretzels Orange | 13 Salmon Patties Rice Peas Roll Pineapple Tidbits | 14 Macaroni & Cheese Green Beans Roll Citrus Salad | 15 Baked Ziti/Cheese Tossed Salad Breadstick Banana | 16 Lemon Pepper Chicken Sweet Potatoes Mixed Veggies Plum Challah | 17 |
| 18 | 19 Tuna Noodle Casserole Green Beans Roll Mixed Melon | 20 Veggie Quiche Cottage Cheese Tomato & Cukes Peaches | 21 Hamburger/Bun Lettuce & Tomato Chips & Salsa Watermelon | 22 Cheese & Veggie Lasagna Tossed Salad Bread Stick Banana | 23 Oven Fried Chicken Mashed Potatoes Mixed Veggies Fruit Salad Challah | 24 |
| 25 | 26 Hot Dog/ Bun Cuke & Tomato Salad Couscous Watermelon | 27 Meatloaf Mashed Potatoes Carrots Roll Banana | 28 Fresh Veggie Wrap/Hummus & Cheese Bean & Corn Salad Pineapple Tidbits | 29 Pasta Marinara Tossed Salad Roll Peach | 30 BBQ Chicken Cole Slaw Corn Applesauce Challah | 31 |
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