

# ***ECS MENU ~ MAY 2008***

<i><b>MONDAY</b></i>	<i><b>TUESDAY</b></i>	<i><b>WEDNESDAY</b></i>	<i><b>THURSDAY</b></i>	<i><b>FRIDAY</b></i>
			<b>1</b>	<b>2</b>
<i>Milk served daily w/ AM snack &amp; juice served w/PM snack. We provide Similac w/Iron for our infants &amp; a variety of fruits, veggies &amp; cereal.</i>	<p style="text-align: center;"><i><b>Portion Sizes</b></i></p> <p style="text-align: center;"><i>1 to 2 yrs    3 to 5 yrs</i></p> <p><i>Protein    1 oz    1 ½ oz</i></p> <p><i>Veg/Fruit    ¼ cup    ½ cup</i></p> <p><i>Bread    ½ slice    ½ slice</i></p>		<p style="text-align: center;"><i>AM: Orange Scrambled Eggs</i></p> <p style="text-align: center;"><i>Waffles/Syrup &amp; Butter</i></p> <p style="text-align: center;"><i>Peaches</i></p> <p style="text-align: center;"><i>Fresh Banana</i></p> <p style="text-align: center;"><i>PM: Donut w/ Milk</i></p>	<p style="text-align: center;"><i>AM: Pear Chicken Nuggets</i></p> <p style="text-align: center;"><i>BBQ Sauce</i></p> <p style="text-align: center;"><i>Red Skin Potatoes</i></p> <p style="text-align: center;"><i>Corn/Apple/Challah</i></p> <p style="text-align: center;"><i>PM: Apple Crisp</i></p>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<p style="text-align: center;"><i>AM: Yogurt w/Fruit</i></p> <p style="text-align: center;"><i>Hamburger/Bun</i></p> <p style="text-align: center;"><i>Lettuce &amp; Tomato</i></p> <p style="text-align: center;"><i>French Fries</i></p> <p style="text-align: center;"><i>Citrus Salad</i></p> <p style="text-align: center;"><i>PM: Mini Bagel &amp; Egg</i></p>	<p style="text-align: center;"><i>AM: Apple Spaghetti &amp; Meat Sauce</i></p> <p style="text-align: center;"><i>Tossed Salad</i></p> <p style="text-align: center;"><i>Roll &amp; Margarine</i></p> <p style="text-align: center;"><i>Pineapple Tidbits</i></p> <p style="text-align: center;"><i>PM: PB English Muffin w/ Fruit</i></p>	<p style="text-align: center;"><i>AM: Banana Tomato Soup</i></p> <p style="text-align: center;"><i>Grilled Cheese/Wheat</i></p> <p style="text-align: center;"><i>Baked Potato/ Butter &amp; Sour Cream/Apple</i></p> <p style="text-align: center;"><i>PM: Bran Muffin w/ Juice</i></p>	<p style="text-align: center;"><i>AM: Cottage Cheese w/ Fruit</i></p> <p style="text-align: center;"><i>Falafel/Hummus</i></p> <p style="text-align: center;"><i>Pita</i></p> <p style="text-align: center;"><i>Israeli Salad</i></p> <p style="text-align: center;"><i>Mixed Melon</i></p> <p style="text-align: center;"><i>PM: Cereal w/ Milk</i></p>	<p style="text-align: center;"><i>AM: Banana Baked Chicken</i></p> <p style="text-align: center;"><i>Rice</i></p> <p style="text-align: center;"><i>Green Beans</i></p> <p style="text-align: center;"><i>Pears/Challah</i></p> <p style="text-align: center;"><i>PM: Chocolate Babka</i></p>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<p style="text-align: center;"><i>AM: Pear Macaroni &amp; Cheese</i></p> <p style="text-align: center;"><i>Green Beans</i></p> <p style="text-align: center;"><i>Roll &amp; Butter</i></p> <p style="text-align: center;"><i>Banana</i></p> <p style="text-align: center;"><i>PM: PBJ Rice Cake</i></p>	<p style="text-align: center;"><i>AM: Strawberry Yogurt</i></p> <p style="text-align: center;"><i>Turkey</i></p> <p style="text-align: center;"><i>Sandwich/Wheat</i></p> <p style="text-align: center;"><i>Lettuce &amp; Tomato</i></p> <p style="text-align: center;"><i>Couscous/Grapes</i></p> <p style="text-align: center;"><i>PM: Breadstick w/ Marinara</i></p>	<p style="text-align: center;"><i>AM: Banana Taco (cheese, lettuce, tomato, salsa)</i></p> <p style="text-align: center;"><i>Black Bean &amp; Corn Salad</i></p> <p style="text-align: center;"><i>Red Rice</i></p> <p style="text-align: center;"><i>Pineapple Tidbits</i></p> <p style="text-align: center;"><i>PM: Blueberry Muffin &amp; Juice</i></p>	<p style="text-align: center;"><i>AM: Orange Fish Sticks</i></p> <p style="text-align: center;"><i>Cole Slaw</i></p> <p style="text-align: center;"><i>French Fries</i></p> <p style="text-align: center;"><i>Peaches</i></p> <p style="text-align: center;"><i>PM: Cornbread Muffin w/ Jelly</i></p>	<p style="text-align: center;"><i>AM: Apple Sweet &amp; Sour Chicken</i></p> <p style="text-align: center;"><i>Fried Rice</i></p> <p style="text-align: center;"><i>Chinese Veggies</i></p> <p style="text-align: center;"><i>Strawberries/Challah</i></p> <p style="text-align: center;"><i>PM: Graham Cracker w/ Pineapple</i></p>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<p style="text-align: center;"><i>AM: Cottage Cheese w/ Peaches</i></p> <p style="text-align: center;"><i>Sloppy Joe/Bun</i></p> <p style="text-align: center;"><i>Cole Slaw</i></p> <p style="text-align: center;"><i>French Fries</i></p> <p style="text-align: center;"><i>Pears</i></p> <p style="text-align: center;"><i>PM: PBJ Bagel</i></p>	<p style="text-align: center;"><i>AM: Banana Turkey Pastrami/Rye</i></p> <p style="text-align: center;"><i>Lettuce &amp; Tomato</i></p> <p style="text-align: center;"><i>Cukes &amp; Carrots</i></p> <p style="text-align: center;"><i>Pasta Salad/Apple</i></p> <p style="text-align: center;"><i>PM: Chili Breadstick</i></p>	<p style="text-align: center;"><i>AM: Pear Veggie Pizza</i></p> <p style="text-align: center;"><i>Tossed Salad</i></p> <p style="text-align: center;"><i>Mixed Melon</i></p> <p style="text-align: center;"><i>PM: Waffle w/ Fruit</i></p>	<p style="text-align: center;"><i>AM: Grapes Meatloaf</i></p> <p style="text-align: center;"><i>Mashed Potatoes</i></p> <p style="text-align: center;"><i>Peas/Applesauce</i></p> <p style="text-align: center;"><i>Roll &amp; Margarine</i></p> <p style="text-align: center;"><i>PM: Boiled Egg &amp; Cracker</i></p>	<p style="text-align: center;"><i>AM: Banana BBQ Chicken</i></p> <p style="text-align: center;"><i>Corn/Challah</i></p> <p style="text-align: center;"><i>Sweet Potatoes</i></p> <p style="text-align: center;"><i>Watermelon</i></p> <p style="text-align: center;"><i>PM: Pineapple Crisp</i></p>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<div style="display: flex; align-items: center;">  <p style="margin: 0;"><i><b>Closed for Memorial Day</b></i> <i>Never Forget Ever Honor</i></p> </div>	<p style="text-align: center;"><i>AM: Cantaloupe</i></p> <p style="text-align: center;"><i>Baked Ziti/Cheese &amp; Tofu</i></p> <p style="text-align: center;"><i>Cukes, Carrots, Celery/ Dip</i></p> <p style="text-align: center;"><i>Roll &amp; Margarine</i></p> <p style="text-align: center;"><i>Grapes</i></p> <p style="text-align: center;"><i>PM: Cereal w/ Milk</i></p>	<p style="text-align: center;"><i>AM: Watermelon</i></p> <p style="text-align: center;"><i>Chicken Noodle Casserole</i></p> <p style="text-align: center;"><i>Tossed Salad/Tomato</i></p> <p style="text-align: center;"><i>Roll &amp; Margarine</i></p> <p style="text-align: center;"><i>Mixed Fruit</i></p> <p style="text-align: center;"><i>PM: Bran Muffin w/ Juice</i></p>	<p style="text-align: center;"><i>AM: Grapes</i></p> <p style="text-align: center;"><i>Egg Salad/Wheat</i></p> <p style="text-align: center;"><i>Lettuce &amp; Tomato</i></p> <p style="text-align: center;"><i>French Fries</i></p> <p style="text-align: center;"><i>Peaches</i></p> <p style="text-align: center;"><i>PM: Cornbread Muffin w/ Jelly</i></p>	<p style="text-align: center;"><i>AM: Apple</i></p> <p style="text-align: center;"><i>Oven Fried Chicken</i></p> <p style="text-align: center;"><i>Mashed Potatoes</i></p> <p style="text-align: center;"><i>Green Beans</i></p> <p style="text-align: center;"><i>Banana/Challah</i></p> <p style="text-align: center;"><i>PM: Breadstick Marinara</i></p>