

## Adults @ the J: What's Happening: August 2016

Friday 5<sup>th</sup>: BINGO

Friday 12<sup>th</sup>: Ohio Health quick chat & BINGO

Tuesday 16<sup>th</sup>: Breathing & Laughing: learn the art and extend those beautiful lungs!

Wednesday 17<sup>th</sup>: Ice Cream Social after lunch

Thursday 18<sup>th</sup>: Health Check from the Ohio Public Health Works

Friday 19<sup>th</sup>: BINGO and Lego workshop!

Tuesday 23<sup>rd</sup>: Columbus Zoo: see flyer, RSVP by August 9<sup>th</sup>

Thursday 25<sup>th</sup>: Arm chair Travels

Friday 26<sup>th</sup>: BINGO

Monday 29<sup>th</sup>: Music w/ Don

Tuesday 30<sup>th</sup>: Chair Yoga

## SHABBAT SHMOOZE SERIES BEGINS!!

**August 19<sup>th</sup> Noon to 1:30: Beginning your Genealogy: with Carol Shkolnik, Chair of the Columbus Jewish**

**Historical Society Genealogy Committee.**

\$5.00 includes fun learning & kosher lunch & dessert!

RSVP by August 11<sup>th</sup> w/ Kelly

**Mark your Calendars!**

Monday, September 5<sup>th</sup>: CLOSED

Wednesday, September 14<sup>th</sup>: Flu Shot Clinic

Friday, September 16<sup>th</sup>: Bob Ford on the Banjo