

ECS INFANT MENU COLLEGE AVE. ~ JANUARY 2017

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|--|--|---|--|--|--|
| | | 1 | 2 | 3 | |
| | | AM: IFIF & Rice Cereal Lunch: Bananas & Garden Veggies/IFIF PM: IFIF Cheerios | AM: IFIF & Oatmeal Lunch: Sweet Potatoes & Applesauce IFIF PM: IFIF Saltine Cracker | AM: IFIF & Oatmeal Lunch: Peas & Applesauce/IFIF PM: IFIF Puffs | <i>PORTIONS FOR OUR INFANTS</i> |
| 6 | 7 | 8 | 9 | 10 | <i>Birth to 3mos</i> |
| AM: IFIF & Rice Cereal Lunch: Sweet Potatoes & Pears/IFIF PM: IFIF Puffs | AM: IFIF & Oatmeal Lunch: Sweet Potatoes & Applesauce IFIF PM: IFIF Wheat Cracker | AM: IFIF & Rice Cereal Lunch: Squash & Apple/Blueberries/IFIF PM: IFIF Saltine Cracker | AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Rice Krispies | AM: IFIF & Rice Cereal Lunch: Bananas & Garden Veggies/IFIF PM: IFIF Cheerios | <i>4 to 6oz formula or breastmilk For all meals</i> |
| 13 | 14 | 15 | 16 | 17 | <i>4 to 7 mos</i> |
| AM: IFIF & Oatmeal Lunch: Squash & Pears IFIF PM: IFIF Puffs | AM: IFIF & Rice Cereal Lunch: Carrots & Apricots/ IFIF PM: IFIF Graham Cracker | AM: IFIF & Oatmeal Lunch: Sweet Potatoes & Applesauce/IFIF PM: IFIF Wheat Cracker | AM: IFIF & Rice Cereal Lunch: Squash & Applesauce/IFIF PM: IFIF Cheerios | AM: IFIF & Oatmeal Lunch: Peas & Banana IFIF PM: IFIF Saltine Cracker | <i>4 to 8 oz formula or breastmilk 0-3 Tbsp cereal 0-3 Tbsp fruit or vegetables</i> |
| 20 | 21 | 22 | 23 | 24 | <i>8 to 11 mos</i> |
| <i>ECS CLOSED Parent Teacher Conferences</i> | AM: IFIF & Oatmeal Lunch: Peas & Apples/Blueberries/IFIF PM: IFIF Saltine Cracker | AM: IFIF & Rice Cereal Lunch: Sweet Potatoes & Pears/IFIF PM: IFIF Animal Cracker | AM: IFIF & Oatmeal Lunch: Carrots & Applesauce/ IFIF PM: IFIF Wheat Cracker | AM: IFIF & Oatmeal Lunch: Squash & Peaches/IFIF PM: IFIF Puffs | <i>6-8 oz formula or breastmilk Children begin eating from our standard menu with supplements of jar fruits & veggies</i> |
| 27 | 28 | | | | |
| AM: IFIF & Rice Cereal Lunch: Squash & Apricots w/ Pears & Apples/IFIF PM: IFIF Animal Cracker | AM: IFIF & Oatmeal Lunch: Peas & Peaches IFIF PM: IFIF Wheat Cracker | | | | <i>See standard menu posted in classroom for meals served to 8 to 11 mo old children</i> |