

ECS INFANT MENU COLLEGE AVE. ~ August 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
31	1	2	3	4	
AM: IFIF & Oatmeal Lunch: Squash & Applesauce IFIF PM: IFIF Wheat Cracker	AM: IFIF & Rice Cereal Lunch: Sweet Potatoes & Pears/IFIF PM: IFIF Animal Cracker	AM: IFIF & Oatmeal Lunch: Squash & Applesauce IFIF PM: IFIF Wheat Cracker	AM: IFIF & Oatmeal Lunch: Squash & Applesauce IFIF PM: IFIF Wheat Cracker	AM: IFIF & Rice Cereal Lunch: Carrots & Apple Blueberry IFIF PM: IFIF Cheerios	PORTIONS FOR OUR INFANTS
7	8	9	10	11	Birth to 3mos
ECS CLOSED TEACHER ORIENTAION WEEK					4 to 6oz formula or breastmilk For all meals
14	15	16	17	18	4 to 7 mos
AM: IFIF & Oatmeal Lunch: Squash & Applesauce IFIF PM: IFIF Wheat Cracker	AM: IFIF & Oatmeal Lunch: Peas & Prunes IFIF PM: IFIF Cheerios	AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Rice Chex	AM: IFIF & Rice Cereal Lunch: Carrots & Banana IFIF PM: IFIF Crackers	AM: IFIF & Oatmeal Lunch: Peas & Apple/Blueberry IFIF PM: IFIF Cheerios	4 to 8 oz formula or breastmilk 0-3 Tbsp cereal 0-3 Tbsp fruit or vetales
21	22	23	24	25	8 to 11 mos
AM: IFIF & Rice Cereal Lunch: Sweet Potatoes & Pears/IFIF PM: IFIF Animal Cracker	AM: IFIF & Oatmeal Lunch: Squash & Applesauce IFIF PM: IFIF Wheat Cracker	AM: IFIF & Rice Cereal Lunch: Bananas & Mixed Veggies/IFIF PM: IFIF Wheat Cracker	AM: IFIF & Oatmeal Lunch: Carrots & Applesauce IFIF PM: IFIF Cheerios	AM: IFIF & Rice Cereal Lunch: Bananas & Mixed Veggies/IFIF PM: IFIF Cereal	6-8 oz formula or breastmilk Children begin eating from our standard menu with supplements of jar fruits & veggies
28	29	30	31		
AM: IFIF & Rice Cereal Lunch: Sweet Potatoes & Pears/IFIF PM: IFIF Animal Cracker	AM: IFIF & Rice Cereal Lunch: Sweet Potatoes & Pears/IFIF PM: IFIF Animal Cracker	AM: IFIF & Oatmeal Lunch: Squash & Applesauce IFIF PM: IFIF Wheat Cracker	AM: IFIF & Oatmeal Lunch: Peas & Prunes IFIF PM: IFIF Cheerios		See standard menu posted in classroom for meals served to 8 to 11 mo old children