

# 2009-2010 JCC of Greater Columbus Personal Training Prices



## Single Session Prices

30 minute Personal Training Session	\$45
45 minute Personal Training Session	\$60
60 minute Personal Training Session	\$70

## Group and Teen Prices

	Group	Teen
10 60 minute Personal Training Session	\$380 per person	\$450

## Package Prices

	General Member Price	Health Club Member Price	Teen Price
10 30 minute Personal Training Package	\$305	\$280	\$280
10 45 minute Personal Training Package	\$500	\$450	NA
10 60 minute Personal Training Package	\$550	\$500	\$450

Let the JCC help you get started on your Fitness Goals with one time offer of a free fitness assessment and equipment orientation. After a member has their fitness assessment and equipment orientation, the JCC is ready to help you continue with our special one time offer of 3 personal training sessions for \$99.

For more information or to set up your Fitness Assessment today or for more information, please contact the JCC Fitness Director, Brian Saunders, at 559-6207/[bsaunders@columbusjcc.org](mailto:bsaunders@columbusjcc.org) or Beth McCullough the JCC Fitness Program Director at 559-6207/[bmccullough@columbusjcc.org](mailto:bmccullough@columbusjcc.org)