

The Jewish Community Center of Greater Columbus, OH 43209

WATER FITNESS INSTRUCTOR POSITION DESCRIPTION

Position Title: Water Fitness Instructor
Personnel Code: Support Staff

Dept No: 413284

Department: Aquatics

Status: Non-Exempt

Supervisor: Aquatics Director

Mission Statement:

The Jewish Community Center of Greater Columbus is a human service agency offering a varied program that is Jewish in nature. It is committed to enhancing the quality of individual and family life through the promotion of physical, intellectual and spiritual wellness. It provides educational and cultural programs that reflect the Jewish heritage, health related activities and many services to the community at large. Through its wide array of programs, the JCC pursues its mission of strengthening the individual, family and community.

Revised by the Board of Trustees on April 16, 2012

Vision Statement:

The JCC nurtures a passion for Jewish learning and living. Through programs and services, the JCC provides comfortable and inviting environments in which the community can thrive.

Revised by the Board of Trustees on April 16, 2012

Agency Expectations:

- To support the mission of the JCC.
- To insure the highest quality of programs and services and possess a working knowledge of agency programs and services.
- To represent the agency and provide the highest quality of customer service to the individuals and groups with whom you come into contact.
- To treat fellow staff with respect.
- To adhere to all policies and practices provided in the employee handbook.
- To wear JCC Staff ID badge and attend appropriate staff meetings.

Position Summary: Under direct supervision of the Aquatics Director, provides water aerobics instruction; monitors progress; educates patrons on fitness and safety, and maintains a safe and enjoyable atmosphere for class participants.

Qualifications:

1. **Knowledge and Education - Minimum Required or Preferred:** Water Fitness Certification, standard First Aid training, CPRPR
2. **Experience - Minimum Required or Preferred:** Experience teaching water fitness classes
3. **Special Skills:** ability to work with people of all ages and lift 50 pounds

Duties and Responsibilities:

- Adhere to all policies and procedures set forth in the JCC Aquatics Manual
- Provide a safe environment for all participants
- Teach scheduled classes
 - Start and finish class on time
 - Provide adequate warm-up, exercise, stretching, and cool down
 - Make use of teaching aids
- Complete all necessary planning and paperwork inherent to position
 - Keep class attendance
- Instruct classes in deep or shallow water
- Instruct classes for all ages and abilities
- Maintain good communication with members/participants
 - Communicate any changes in class schedule to members/participants
- Maintain professional attitude at all times.
- Report problems to the Aquatics Director or Recreation & Wellness Director immediately
- Attend all staff and evaluation meetings as scheduled
- All other duties as assigned.

Acknowledgement:

Employee's Name Printed

Employee's Signature

Date of Signature