

What is MAMANET ?

Mamanet is a fun, social sports league for mothers started in Israel 12 years ago and has been growing phenomenally around the world. It's been played in the U.S. for three years. The sport is Cachibol, also known as Newcomb, a variation of volleyball where players catch, pass and throw the ball using a regulation-size volleyball and court. Fun social events, team practices and games give women an opportunity to meet and bond with other women. Within the Mamanet community, women feel empowered and contribute their time and energy to projects that give back to their community.

Mamanet Columbus

Mamanet Columbus started at the JCC East a year and half ago and has grown to include more than 40 women playing on four teams. In March, Mamanet Columbus hosted a delegation of 12 women from Mamanet Kfar Saba, our partner city in Israel, for five days of learning, laughing, playing and creating meaningful bonds. Best practices from Mamanet Kfar Saba (they have 30 teams in their city) inspired us to create a Mamanet management team in Columbus and begin growing the league beyond the JCC East.

2018-19 Season

This season the league will expand to the JCC locations in New Albany and the Northwest side.

- Season runs October through May with breaks for Jewish/seasonal holidays
- Once a week, 1.5 hour time commitment for team practice or game
- 14-16 players required to create a team; August 15 deadline to form team
- Dedicated professional coach per team
- Small monthly player fee covers coach, game referee, score keeper and court costs

No previous playing experience required. | JCC membership not required.

Come Learn and Play

Attend one or more **free and fun, open gym sessions** to learn and begin playing Mamanet prior to the August 15 team deadline and start of season in September.

- **JCC East, 1125 College Ave: Wednesday, July 11, 18 and 25; 7:30 pm**
- **JCC New Albany, 150 E Dublin Granville Rd: Thursday, July 12 and 19; 7:30 pm**

Need more information?

For more information about Mamanet Columbus or to get involved, contact:

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- Tammy Mor, Mamanet Co-Manager at 614-361-9617 or tamar147@live.com
- Jeanna Brownlee, JCC Director of Sports and Wellness at 614-559-6274 or jeannabrownlee@columbusjcc.org

