

February 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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				BBQ Chicken Red Skin Potatoes Chefs Vegetable Fruit Challah w/Margarine
4	5	6	7	8
Mac and Cheese Wheat Roll Carrots Mandarin Oranges	Turkey w/ Wheat Bread Tomato and Lettuce Potato Wedges Tropical Fruit	Veggie Quiche Tossed Salad w/ Ranch Peaches	Tuna Melt w/ Wheat Bagel Corn and Black Bean Salsa Pineapple	Lemon Pepper Chicken Brown Rice Chefs Vegetable Fruit Challah w/ Margarine
11	12	13	14	15
Penne w/ Alfredo Wheat Roll w/ Margarine Carrots Mandarin Oranges	White Bean & Chicken Chili Corn Bread Cole Slaw Potato Wedges Tropical Fruit	Veggie Pizza Tossed Salad w/ Ranch Dressing Yogurt Peaches	Catch of the Day Tossed Salad w/ Ranch Dressing Fruit Wheat Roll w/ Margarine	Pineapple Chicken Red Skin Potatoes Chefs Vegetable Fruit Challah w/Margarine
18	19	20	21	22
Mac and Cheese Wheat Roll Carrots Mandarin Oranges	Hamburger on Wheat Bun Tomato and Lettuce Potato Wedges Tropical Fruit	Vegetable & Cheese Quesadilla Rice w/Beans & Corn Salad w/ Ranch Peaches	Tuna Casserole Tossed Salad w/ Ranch Dressing Fruit Wheat Roll w/ Margarine	Herb Baked Chicken Mashed Potatoes Chef Vegetable Fruit Challah w/Margarine
25	26	27	28	
Baked Ziti w/ Tofu Green Beans Mandarin Oranges	Stuffed Cabbage Mashed Potatoes Peas and Carrots Tropical Fruit	Eggplant Parm Tossed Salad w/ Ranch Dressing Yogurt Peaches	Catch of the Day Brown Rice Mixed Vegetable Sliced Pears	