

ECS INFANT MENU COLLEGE AVE. ~April 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1	2	3	4	5	
AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Rice Chex	AM: IFIF & Oatmeal Lunch: Peas & Apple/Blueberry IFIF PM: IFIF Cheerios	AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Rice Chex	AM: IFIF & Rice Cereal Lunch: Carrots & Banana IFIF PM: IFIF Crackers	AM: IFIF & Rice Cereal Lunch: Carrots & Apple Blueberry IFIF PM: IFIF Cheerios	<i>PORTIONS FOR OUR INFANTS</i>
8	9	10	11	12	<i>Birth to 3mos</i>
AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Rice Chex	AM: IFIF & Oatmeal Lunch: Squash & Applesauce IFIF PM: IFIF Cheerios	AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Rice Chex	AM: IFIF & Rice Cereal Lunch: Carrots & Banana IFIF PM: IFIF Crackers	AM: IFIF & Oatmeal Lunch: Squash & Applesauce IFIF PM: IFIF Ritz Crackers	<i>4 to 6oz formula or breastmilk For all meals</i>
15	16	17	18	19	<i>4 to 7 mos</i>
AM: IFIF & Rice Cereal Lunch: Sweet Potatoes & Pears/IFIF PM: IFIF Ritz Cracker	AM: IFIF & Rice Cereal Lunch: Sweet Potatoes & Pears/IFIF PM: IFIF Cheerios	AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Rice Chex	AM: IFIF & Rice Cereal Lunch: Carrots & Banana IFIF PM: IFIF Crackers	AM: IFIF & Oatmeal Lunch: Peas & Apple/Blueberry IFIF PM: IFIF Cheerios	<i>4 to 8 oz formula or breastmilk 0-3 Tbsp cereal 0-3 Tbsp fruit or vegetables</i>
22 Passover	23 Passover	24 Passover	25 Passover	26 Passover	<i>8 to 11 mos</i>
AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Rice Chex	AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Rice Chex	AM: IFIF & Rice Cereal Lunch: Sweet Potatoes & Pears/IFIF PM: IFIF Puffs	AM: IFIF & Oatmeal Lunch: Peas & Pears IFIF PM: IFIF Rice Chex	AM: IFIF & Rice Cereal Lunch: Carrots & Banana IFIF PM: IFIF Crackers	<i>6-8 oz formula or breastmilk Children begin eating from our standard menu with supplements of jar fruits & veggies</i>
29	30				
AM: IFIF & Rice Cereal Lunch: Sweet Potatoes & Pears/IFIF PM: IFIF Ritz Cracker	AM: IFIF & Oatmeal Lunch: Squash & Applesauce IFIF PM: IFIF Cheerios				<i>See standard menu posted in classroom for meals served to 8 to 11 mo old children</i>