

JCC JUNE 2019 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				BBQ Chicken Red Skin Potatoes Chefs Vegetable Fruit Challah w/Margarine
3	4	5	6	7
Mac and Cheese Wheat Roll Carrots Mandarin Oranges	Stuffed Cabbage Potato Wedges Peas and Carrots Tropical Fruit	Veggie Quiche Tossed Salad w/ Ranch Peaches	Tuna Melt w/ Wheat Bagel Corn and Black Bean Salsa Pineapple	Lemon Pepper Chicken Brown Rice Chefs Vegetable Fruit Challah w/ Margarine
10	11	12	13	14
CLOSED FOR SHAVUOT	White Bean & Chicken Chili Corn Bread Cole Slaw Potato Wedges Tropical Fruit	Veggie Pizza Tossed Salad w/ Ranch Dressing Yogurt Peaches	Catch of the Day Tossed Salad w/ Ranch Dressing Fruit Wheat Roll w/ Margarine	Pineapple Chicken Red Skin Potatoes Chefs Vegetable Fruit Challah w/Margarine
17	18	19	20	21
Mac and Cheese Wheat Roll Carrots Mandarin Oranges	Hamburger on Wheat Bun Tomato and Lettuce Potato Wedges Tropical Fruit	Vegetable and Cheese Quesadilla Rice w/ Beans & Corn Tossed Salad w/ Ranch Peaches	Tuna Casserole Tossed Salad w/ Ranch Dressing Fruit Wheat Roll w/ Margarine	Herb Baked Chicken Mashed Potatoes Chef Vegetable Fruit Challah w/Margarine
24	25	26	27	28
Baked Ziti w/ Tofu Green Beans Mandarin Oranges	Turkey w/ Wheat Bread Tomato and Lettuce Potato Wedges Tropical Fruit	Eggplant Parm Tossed Salad w/ Ranch Dressing Yogurt Peaches	Catch of the Day Brown Rice Mixed Vegetable Sliced Pears	BBQ Chicken Red Skin Potatoes Chefs Vegetable Fruit Challah w/Margarine