

# PROGRAM GUIDE

June - August  
2024

COLUMBUS



**What's Inside!**  
Outdoor Pool | J Camps | Summer Leagues  
*And More!*

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## Dear Members,

There's no place quite like the JCC for summer fun. We love seeing campers making new friends, families soaking up the sun at the pool and members enjoying delicious treats from our seasonal snack bar. From little ones giggling on the splash pad to pickleball leagues filling the courts to Pilates classes on the grass, the J's outdoor spaces are always bustling this time of year. For those looking to escape the heat, the Diamond Family Fitness Center and indoor pool offer a wealth of fitness and social options. And, for those looking for a little competition to start the season off right, the JCC's Annual Golf Outing is the perfect blend of sport and fun.

No matter what you seek, your JCC is here to provide a safe, inclusive and welcoming environment to celebrate our Jewish heritage or simply gather with family and friends. Thank you for the opportunity to serve you and your family – and welcome to Summer 2024 at the JCC!

Warm regards,

Mark Ungar  
President, JCC Board of Trustees

Mike Klapper  
Chief Executive Officer



Mike Klapper, *CEO*



Mark Ungar, *Board President*

## All Summer Programs On Sale Now!

### Layout Key PROGRAM NAME

Tuesdays & Thursday - Day(s) of Week  
@ 0:00p | 00mins - Time & Length of Class  
00/00 - 00/00 - Date Range

JCC MEMBER PRICE: \$\$\$ | COMMUNITY PRICE: \$\$\$  
All classes/programs/sessions are for JCC Members only  
unless listed with a community price for non JCC members.

### JCC Hours of Operation:

Mon-Thu: 5:30a – 9p

Fri: 5:30a – 6p

Sat & Sun: 8a – 6p

Pools close 30 min before the main building.

ECLC hours are independent from the building hours listed above.

### Looking for more?

**Columbusjcc.org features all of the programs listed here & more.  
Check them all out now!**



Contact [camp@columbusjcc.org](mailto:camp@columbusjcc.org) for questions about any of the programs below.



Spots are still available for  
Camp Chaverim & Camp Hoover!

**SUMMER CAMPS FOR RISING 1ST - 8TH GRADERS**  
Weekly Sessions June 3 - August 2

Swim Lessons (1st - 3rd grade) & Daily Swim  
Dynamic Staff & Specialist Led Activities  
Aftercare & Transportation  
Health, Safety, Fun, & Jewish Values

Scan QR Code to  
learn more!



**JCC HOOVER DAYS**  
**June 30 & July 21**  
**12 - 3p**

Join JCC families at our Hoover Family Park for an afternoon of fun! Enjoy climbing the rock wall, zipping down the zipline, swimming, and canoeing & kayaking on the Hoover Reservoir!

**MORE DETAILS COMING SOON!**

**JCLUB**

**AFTER-SCHOOL PROGRAM  
IS NOW ENROLLING!**

2024 - 2025 SCHOOL YEAR

\$265/Month for JCC Members  
\$350/Month for Community

Open to kids entering  
K - 5th Grade

Bus Transportation from  
Bexley Schools, CJDS, & CTA  
JClub starts August 19!

More Info & Registration at [Columbusjcc.org](http://Columbusjcc.org)

*All Details Subject to Change*



# Jump Into Summer Fun At The Outdoor Pool!



## 2024 Outdoor Pool Schedule

May 25-26: Open regular weekend hours

May 28-30: 4p - 8:30p

Starting May 31, hours are as follows:

### Mondays - Thursdays | 7a - 8:30p

7a - 9a: Lap Swimming & Open Swim.

9a - 12p: Camp swim lessons, Outdoor pool closed to members, Deck is open for sunbathing.

12p - 8:30p: Lap Swimming & Open Swim, Baby pool open, Snack bar open.

### Fridays | 7a - 5:30p

7a - 9a: Lap Swimming & Open Swim.

9a - 12p: Camp swim lessons, Outdoor pool closed to members, Deck is open for sunbathing.

12p - 5:30p: Lap Swimming & Open Swim, Baby pool open, Snack bar open.

### Saturdays & Sundays | 10a - 5:30p

10a - 5:30p: Lap Swimming & Open Swim, Baby pool open. Snack Bar closed Saturdays & open Sundays.

All pool hours are subject to change. Both indoor and outdoor pools close a half hour before the JCC closes.

For full pool information & more check out [Columbusjcc.org/aquatics](https://columbusjcc.org/aquatics)

## Dive into the offerings of our Aquatics Complex:

- Abundant Deck Space
- Plentiful Chairs & Loungers
- 6 Lap Lanes at Outdoor Pool
- 4 Lap Lanes at Indoor Pool
- Red Cross Certified Lifeguards
- 2 Large Pergolas on Deck
- Wading & Baby Pool
- Splash Pad (*Hours vary*)
- Kosher Snack Bar

## 2024 Outdoor Pool Holidays

Memorial Day | May 27: 8a - 4:30p

Shavuot | June 11: 7a-9a, 12p-5:30p

Shavuot | June 12: CLOSED

Shavuot | June 13: 7a-9a, 12p-5:30p

Fourth of July Eve | July 3: 7a-9a, 12p-5:30p

Fourth of July | July 4: 8a - 4:30p

Labor Day | September 2: 8a - 4:30p

Questions? Contact our Aquatics Team at [aquatics@columbusjcc.org](mailto:aquatics@columbusjcc.org)





**Summer days, endless play.**  
*JCC Columbus is here for you.*

## Get yourself set up for summer success with a JCC Membership.

We offer Individual, Two Person, & Family 3+ Memberships. Members gain access to State-of-the-Art Fitness Equipment, An Extensive Variety of Free Group Exercise Classes, Indoor Heated Pool & Outdoor Pool Complex, Tennis, Pickleball, Racquetball, Handball Courts, and so much more!

Check out [Columbusjcc.org/Become-a-Member](http://Columbusjcc.org/Become-a-Member) to get started.

### *Want to visit the JCC as a guest?*

We welcome active members to bring guests but ask that they limit it to one guest per visit. Stop by the front desk to make payment and have the guest sign the waiver and code of conduct. A child (15 and under) day visit is \$5 and adult (16 and over) is \$15. We ask that plans to bring a guest on Saturdays be made in advance. *Subject to Change.* Questions? Email [egoldberg@columbusjcc.org](mailto:egoldberg@columbusjcc.org)

SCAN HERE TO LEARN EVERYTHING ABOUT OUR AQUATIC OFFERINGS



## SWIM LESSONS



*All Swim Lessons are for JCC Members Only*

### SUMMER SESSION 1

Session Dates: May 19 - June 26

<b>Sundays</b>	\$100	Sunday classes will meet for all six weeks
<b>Mondays</b>	\$86	Reduced Price: No Class 5/27 for Memorial Day
<b>Wednesdays</b>	\$86	Reduced Price: No Class 6/12 for Shavuot

### SUMMER SESSION 2

Session Dates: July 7 - August 14

<b>Sundays</b>	\$100	Sunday classes will meet for all six weeks
<b>Mondays</b>	\$100	Monday classes will meet for all six weeks
<b>Wednesdays</b>	\$100	Wednesday classes will meet for all six classes

**Register for swim lessons, certifications, and more at [Columbusjcc.org/aquatics](http://Columbusjcc.org/aquatics)**

More Info & Registration at [Columbusjcc.org](http://Columbusjcc.org)

*All Details Subject to Change*



### Junior Play (Ages 6-9)

Fundamentals is the focus of this program. By playing fast pace drills the children will improve on shooting, dribbling, passing, footwork, and defense. To add more excitement, fun challenge games will be incorporated into each session. No class on June 18.

Tuesdays @ 4:00p | 60mins | Main Gym | 6/4 - 7/2 | \$48

### Youth Basketball Skills & Games (Ages 9-12)

Keep your child working on their fundamentals that will improve their ball handling, footwork, shooting, passing, defense, and floor vision. Coach Dashawn Ford will be leading this program.

Mondays @ 4:00p | 90mins | Main Gym

Summer 1 Session: 6/3 - 7/1 | \$72

Summer 2 Session: 7/15 - 8/5 | \$72

### Offensive Playmaking (Ages 9-12)

Attack and finish, pick and rolls, pressure situations, control the game are just a few highlights that will be taught in this program. Players will work on recognizing their role on the team and the plays they can make within that role.

Tuesdays @ 4:00p | 75mins | Main Gym | 7/16 - 8/6 | \$60

### Middle & High School 3-on-3 Leagues

Bring your crew for the 3-on-3 showdown league at the JCC. Teams will be selected. Seven-week league. Refs and team uniforms are included.

Tuesdays @ 5:30p - 8:30p | Main Gym

6/4 - 7/23 | \$70 per player | Middle School Ages 12-14 | High School Ages 14-18

### 18 & Up Adult League

Rally your team and prepare for an electrifying showdown! Brace yourselves for a heart-pounding season, culminating in a nail-biting single-elimination tournament. Teams will be drafted but captains can protect one player to be on their roster.

Wednesdays @ 6:00p - 9:00p | Main Gym | 7/10 - 8/21 | \$75

### Adult Kickball Coed League

Get your friends together to form your team for this fun adult kickball league. Six game regular season with a league ending tournament on the 7th week. Each team needs a minimum of 12 on their roster.

Sundays @ 11:00a - 2:00p | 6/2 - 7/14 | JCC Fields

JCC MEMBER PRICE: \$55/per person

COMMUNITY PRICE: \$110/per person

### Youth Beginner Golf (Ages 6-9)

Join our friends at Super Tots as they instruct this beginning golf program for your child. They will learn with youth safety golf clubs and balls.

Mondays @ 3:30p | 60mins | Preschool Field  
6/10 - 7/15 | \$145



### Team Pickleball

Summer Session 2: Sundays @ 9:00a - 1:00p | 7/14 - 8/25 | \$80

### Recreational Doubles Pickleball

Summer Session 2: Mondays @ 5:30p - 9:00p | 7/15 - 8/26 | \$80

### Competitive Pickleball

Summer Session 2: Tuesdays @ 5:30p - 9:00p | 7/16 - 8/27 | \$80

### Play & Learn Pickleball

Summer Session 2: Wednesdays @ 5:30p - 9:00p | 7/17 - 8/28 | \$80

Questions? Jeanna Brownlee, Director of Recreation & Wellness  
614-559-6274 | jeannabrownlee@columbusjcc.org



# NEW FITNESS CLASSES

## Mama Fit Club

Join our small group training for moms of children aged 5 and under. Led by a fellow mom, enjoy invigorating workouts in a welcoming environment. Strengthen, sweat, and bond with other mothers while prioritizing your well-being. Empower each other to thrive in motherhood and fitness!  
Tuesdays @ 4:00p | 45mins | Weightroom  
Summer 1 Session: 5/28 - 6/26 | \$75  
Summer 2 Session: 7/9 - 8/13 | \$90



## MetCon: Endurance Training

Experience our ultimate MetCon workout, inspired by CrossFit's intensity. Led by a certified CrossFit Coach, this class combines strength, cardio, and endurance exercises to maximize results. Elevate your performance and unleash your potential in a dynamic, supportive environment. Sign up in MindBody for free demo class on May 5, 2024.  
Sundays @ 9:00a | 60mins | Weightroom  
Summer 1 Session: 5/19 - 6/30 | \$120  
Summer 2 Session: 7/7 - 8/4 | \$100

## Prenatal Yoga

Safely embrace poses and breathwork for childbirth prep. Connect with other moms-to-be, alleviate discomforts, and find relaxation.  
Wednesdays @ 6:15p | 75mins | J Zone or Dance Studio  
Summer 1 Session: 5/22 - 6/26  
Summer 2 Session: 7/10 - 8/14  
JCC MEMBER PRICE: \$100 | COMMUNITY PRICE: \$150



# SPECIAL FITNESS OFFERINGS

## Sound Bath Meditation

In a sound healing session with Austin, you're encouraged to tune into your own emotions, often surfacing old feelings for release. Sessions are carefully crafted in a safe space, fostering emotional release at your own pace. Love is at the core of Austin's approach, facilitating healing with ease.  
Thursday 5/23 | 6:30p - 8:00p | Aux Gym  
JCC MEMBER PRICE: \$40 | COMMUNITY PRICE: \$55

## Yoga Summer Solstice

Experience a refreshing morning with 108 Sun Salutation As to embrace the summer. Craft your own mala necklace with 108 beads, representing mindfulness and intention. Let our skilled yoga teachers lead you through this empowering journey of movement and mindfulness. Light breakfast included.  
Sunday 6/30 | 8a - 9:30a | Tennis Courts  
JCC MEMBER PRICE: \$20 | COMMUNITY PRICE: \$35

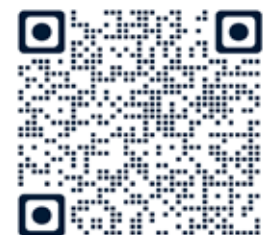
## Group Exercise @ The JCC

All group exercise classes are free\* for JCC members! We are proud to offer a wide variety of world class group exercise options to our members at no cost to them. Sometimes we feature fun themed classes such as:

**Pride Ride - Cycling Class | 6/2**  
**Iconic Diva Ride - Cycling Class | 6/23**  
*Stay tuned for more speciality rides!*

Questions? Carlie Snyder, Fitness Director  
614-559-6237 | csnyder@columbusjcc.org

Scan here to check out the most updated Group Exercise Schedule & more >>



*All classes are subject to change. View the most current class schedule online at [columbusjcc.org/group-exercise](http://columbusjcc.org/group-exercise) \*Reformer Pilates is an additional cost.*

*All classes are for JCC Members only unless otherwise specified*





# Spots still available for Fall 2024!



- Small Class Size
- Full & Half Day Options
- Flexible Part-Week Care Available
- Specialty Instruction in Hebrew, Judaics, Physical Education, STEAM, and Music
- Red Cross Certified Swim Lessons
- Formula, Kosher Snacks & Lunch Provided
- 7 Time Columbus Top Pick Winner



Schedule a Tour at [Columbusjcc.org/earlychildhood](http://Columbusjcc.org/earlychildhood) or scan QR code to learn more.

»JCC COLLEGE AVE  
1125 College Avenue  
Columbus, Ohio 43209  
p: 614.559.6294

»JCC NEW ALBANY  
150 E. Dublin-Granville Road  
New Albany, Ohio 43054  
p: 614.855.4885

»JCC WORTHINGTON  
6121 Olentangy River Road  
Worthington, Ohio 43085  
p: 614.764.2414

## JCC MISSION

The Jewish Community Center of Greater Columbus is a human service agency offering a varied program that is Jewish in nature. It is committed to enhancing the quality of individual and family life through the promotion of physical, intellectual and spiritual wellness. It provides educational and cultural programs that reflect the Jewish heritage, health related activities and many services to the community at large. Through its wide array of programs, the JCC pursues its mission of strengthening the individual, family and community.

– Revised by the JCC’s Board of Trustees on April 16, 2012

## JCC VISION

The JCC nurtures a passion for Jewish learning and living. Through programs and services, the JCC provides comfortable and inviting environments in which the community can thrive.  
– Revised by the JCC’s Board of Trustees on April 16, 2012

*The Jewish Community Center of Greater Columbus is a 501c3 Non-Profit organization that brings the community together by providing state-of-the-art facilities and exceptional programs in an inclusive environment defined by Jewish values and culture.*

*Thank you to our generous funders & donors that make our programs possible.*

JCC of Greater Columbus is a proud community partner of JewishColumbus



[columbusjcc.org](http://columbusjcc.org)  
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Columbus, Ohio 43209  
 (614) 231-2731

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