



INDOOR POOL HOURS

EFFECTIVE April 15, 2026

Number indicates lanes available for Lap Swimming

OPEN SWIM	JCC Programming	Rental	Women's Swim
-----------	-----------------	--------	--------------

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00 AM						Adult Masters Swim Team Mondays 6am-7am Thursdays 5:30pm-6:30pm Fridays 6am-7am Program uses two or three lanes		
5:30 AM	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim			Lap Swim
6:00 AM	JCC Programs	4	4	4	JCC Programs			4
6:30 AM	JCC Programs	4	4	4	JCC Programs			4
7:00 AM	4	4	4	4	4			4
7:30 AM	4	4	4	3	4	4		
8:00 AM	4	4	4	3	4	4		
8:30 AM	Women's Swim	4	Women's Swim	3	4	4		
9:00 AM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
9:30 AM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
10:00 AM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
10:30 AM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
11:00 AM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
11:30 AM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
12:00 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
12:30 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
1:00 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
1:30 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
2:00 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
2:30 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
3:00 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
3:30 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
4:00 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
4:30 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
5:00 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
5:30 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
6:00 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
6:30 PM	JCC Programs	4	JCC Programs	4	JCC Programs	3	3	
7:00 PM	Rental	3	Rental	3	Rental	3	3	
7:30 PM	Rental	3	Rental	3	Rental	3	3	
8:00 PM	Rental	3	Rental	3	Rental	3	3	
8:30 PM	Rental	3	Rental	3	Rental	3	3	

*Lane lines are reserved for lap swimming when open swim space available.
 *Lane splitting is encouraged when two or more swimmers are sharing a lane.
 *Circle swimming is required when 3 or more swimmers are sharing a lane.

Lane schedule is subject to change due to programming, staff training, or other facility needs.

All Hours Subject to Change

Indoor Pool is open with limited availability during JCC programming