

2026 PREMIUM & REFORMER CLASS SCHEDULE



Book reservations for Premium Classes in the “My J” app by purchasing a Premium Class 10-pack. All premium offerings can use the same pass with the exception of Pilates Reformer. Single class pass also available.



Scan QR code to purchase passes & packages. Allow one hour from purchase for passes to populate in your “My J” app.

MON	TUES	WED	THUR	FRI	SAT	SUN
<p>12:00PM EXPRESS REFORMER W/ CARLIE</p> <p>4:15PM PILATES REFORMER W/ ALLISON</p> <p>5:30PM YOUTH IGNITE 45 W/ SHEA</p>	<p>9:30AM BEGINNER/ INTERMEDIATE REFORMER W/ MARIA</p> <p>11:00AM WOMEN ON WEIGHTS 55+ W/ KELLEY</p> <p>12:00PM INTERMEDIATE REFORMER W/ KYLE</p> <p>1:30PM PARKINSON'S & STROKE WELLNESS W/ KATY</p> <p>4:00PM MAMA FIT CLUB W/ ANDI</p> <p>5:00PM WOMEN ON WEIGHTS W/ ANDI</p> <p>5:30PM BALLET BASICS W/ KYLE</p> <p>6:00PM MIXED LEVEL REFORMER W/ MARIA</p>	<p>8:30AM WOMEN ON WEIGHTS W/ CARLIE</p> <p>10:00AM MIXED-LEVEL REFORMER W/ KELLEY</p> <p>4:30PM MAX MOBILITY W/ KATY</p> <p>5:45PM INTERMEDIATE/ ADVANCED REFORMER W/ KATY</p> <p>5:45PM STRONGHER TEEN TRAINING W/ ANDI</p>	<p>9:00AM INTERMEDIATE REFORMER W/ JOYCE</p> <p>11:00AM ADAPTED INTERMEDIATE REFORMER W/ KYLE</p> <p>12:00PM EXPRESS REFORMER W/ KYLE</p> <p>1:30PM PARKINSONS & STROKE WELLNESS W/ KELLEY</p> <p>4:45PM INTERMEDIATE/ ADVANCED REFORMER W/ KYLE</p> <p>5:30PM BARRE FITNESS W/ KATY</p> <p>5:45PM BEGINNER/ INTERMEDIATE REFORMER W/ KYLE</p>	<p>9:00AM INTERMEDIATE REFORMER W/ KYLE</p> <p>8:30AM CORE & PELVIC FLOOR W/ KELLEY</p> <p>9:30AM WOMEN ON WEIGHTS 55+ W/ KELLEY</p> <p>10:00AM ADAPTED INTERMEDIATE REFORMER W/ KYLE</p> <p>12:00PM IGNITE 45 W/ SEAN</p> <p>12:00PM BEGINNER REFORMER W/ KATY</p>	<p>8:30AM PILATES REFORMER W/ MARIA</p> <p>8:30AM PILATES REFORMER W/ OLGA</p> <p>9:30AM PILATES REFORMER W/ OLGA</p> <p>10:30AM FAMILY FIT CLUB W/ RACHEL R</p>	<p>FITNESS CENTER HOURS</p> <p>MONDAY-THURSDAY 5:30AM – 9PM FRIDAY 5:30AM – 6PM SATURDAY-SUNDAY 8AM – 6PM</p> <p>1125 COLLEGE AVE, COLUMBUS OH 43209 (614) 231-2731 *CLASSES SUBJECT TO CHANGE</p>

- FLEXIBILITY & MOBILITY
- PILATES REFORMER*
- STRENGTH
- SENIOR

*Attend Reformer classes with a Pilates Reformer pass or package
Learn more & get started at columbusjcc.org/pilates-reformer/

REGISTRATION FOR CLASSES IS REQUIRED. REGISTER WITHIN THE “MY J” APP, SCAN QR CODE, OR VISIT COLUMBUSJCC.ORG/FITNESS-PROGRAMS



Questions? Contact Katy Tombaugh at ktombaugh@columbusjcc.org

REGISTRATION CAN BE MADE 1 MONTH IN ADVANCE FOR PREMIUM CLASSES

SCHEDULE AS OF JUNE 1, 2026